

Annual Report

2020-2021



MILESTONES

01

ESTABLISHMENT

as a non-profit
company



02

RESTRATEGIZING

due to the COVID-19
pandemic



03

COVID RELIEF

adapting to the
unprecedented
circumstances



04

VIRTUAL INITIATIVES

sessions and
workshops on
gender, menstrual
health, online
courses and the
CHANGEMAKERS
fellowship



05

CHANGELOOMS

chosen for this highly
selective leadership
fellowship at PRAVAH



06

12AA AND 80G

registration
completed!



07

LAUNCH OF PERIOD ADDA AND MBMR PROJECTS



01

ABOUT US

WHO WE ARE
VISION

AREAS OF WORK
THEORY OF CHANGE

02

OUT FLAGSHIP PROGRAMMES

PERIOD ADDA
MY BODY MY RIGHTS

03

OUR WORK

SESSIONS ON
MENTRUAL HEALTH

WORKSHOPS ON
GENDER

COVID RELIEF

CHANGEMAKERS
FELLOWSHIP

RESEARCH ON
MENSTRUAL HEALTH

04

PARTNERS AND COLLABORATORS

05

OUR TEAM

TESTIMONIALS

06

FINANCIALS

ABOUT US



VISION

Rangeen Khidki envisions a world where adolescents and young persons across all gender and diversities can access education, information, services and support related to their physical and mental well-being and can grow to their fullest potential as leaders

WHO ARE WE?

We are a dynamic group of young professionals, with 7+ years of experience in SRHR, mental health and gender advocacy working together with the aim to empower communities in urban and rural settings

OUR FLAGSHIP PROGRAMS

PROBLEM

Due to a lack of information about menstruation, lack of access to services and stigma around menstruation, 23 million girls drop-out of school on reaching puberty. This severely limits their agency, rights choice and overall development into full citizens of the nation

APPROACH

Understand how SRHR and more specifically normal biological process like menstruation cannot be viewed in isolation without understanding how gender, sexuality, class, caste, religion, ethnicity, disability and mental health impacts it. Therefore, our initiative tries to look at menstruation beyond the 'hygiene' paradigm and delves deeper in to how menstruation exists in intersection with one's social and economic identity, gender and sexuality.



PERIOD ADDA

MY BODY MY RIGHTS

PROBLEM

A lack of knowledge, existing stigma and taboo hamper the child's bodily autonomy, causing physical and mental distress and ultimately prevents them from accessing services and reaching their full potential as citizens of the country.

APPROACH

By equipping not only children and adolescents, but also teachers and parents, we aim to create an environment where sexuality is no longer shrouded in stigma and taboo where young people will be able to access accurate and inclusive knowledge about the cognitive, emotional, physical and social aspects of sexuality. Unbiased and scientific, curriculum based CGSE will help children and young people gain knowledge, skills, attitudes and values that will empower them to: realize their health, well-being and dignity; develop respectful social and sexual relationships; consider how their choices affect their own well-being and that of others; and, understand and ensure the protection of their rights throughout their lives.

OUR WORK THIS YEAR



MENSTRUAL HEALTH AWARENESS SESSIONS

500+
PEOPLE

WORKSHOPS ON SRHR AND GENDER



250+
PEOPLE

90

men, boys, trans men, and non binary persons reached through our sessions.

14

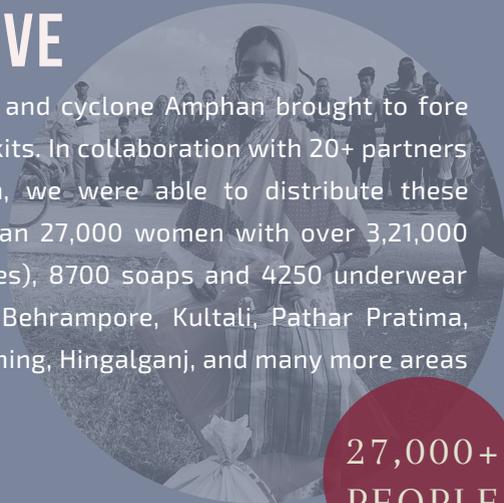
period leaders in rural Bengal

120+

professionals trained on gender, sexuality, SRHR from CBOs.

COVID RELIEF INITIATIVE

The twin calamities of the Covid lockdown and cyclone Amphan brought to fore the lack of access of sanitary pads in relief kits. In collaboration with 20+ partners and a successful crowdfunding campaign, we were able to distribute these products. so far we have reached more than 27,000 women with over 3,21,000 sanitary napkins (reusables and disposables), 8700 soaps and 4250 underwear across areas like Kolkata, Malda, Siliguri, Behrampore, Kultali, Pathar Pratima, Rangabelia, Basanti, Raidighi, Jaynagar, Canning, Hingalganj, and many more areas in Sundarbans.



27,000+
PEOPLE

CHANGEMAKER FELLOWSHIP

This is meant for participants who want to know more about women's health menstruation and sustainability. Our changemakers are trained to understand the concepts of sustainable menstruation become community trainers to discuss the need to switch to healthier and sustainable menstrual products. It also aims at busting myths about menstruation, encourages body positivity, and disseminates knowledge about period products, nutrition and hygiene. the changemakers take this knowledge to their communities whom by conducting monthly sessions and online campaigns over at least 6 months.



2000+
PEOPLE

RESEARCH ON MENSTRUAL HEALTH

The study sought to gauge the level of awareness about menstrual health amongst sex workers who are often the sole breadwinners of their family. We gathered information about the perceptions of menstruation, knowledge and use of reusable menstrual products, abortion and contraception.



192 SEX
WORKERS

our
#AMPLIFY WHISPERS 1000+ PEOPLE

campaign which aims to bring to the forefront experiences of menstruators that are normally overlooked saw widespread engagement on social media.

PARTNERS AND COLLABORATORS



PRAVAH



**JAVED ABIDI
FOUNDATION**



**HOPE
FOUNDATION**



YP FOUNDATION



TRUCUP



HAIYYA



PAD SQUAD



DIKSHA



**GLOBAL
SHAPERS**



LAALI PROJECT



KHALSA AID



**TOMORROW'S
FOUNDATION**

PARTNERS AND COLLABORATORS

Mukul Madhav
Foundation
Established 1999

**MUKUL MADHAV
FOUNDATION**



JESUS MARY COLLEGE



Y-EAST



INNER WHEEL CLUB



DURBAR



R.I.D 3240

**ROTARY DISTRICT
3240**

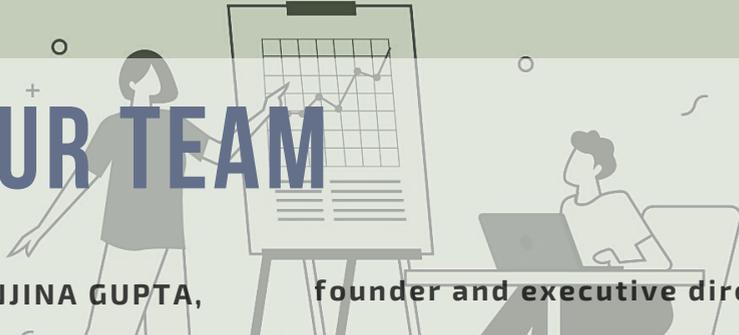


**CIVILIAN WELFARE
FOUNDATION**



THE GENDER LAB

OUR TEAM



SANJINA GUPTA, founder and executive director

KRUBHAKAR R.K. director

ADRIKA SENGUPTA director

ANANYA CHATTERJEE core team member

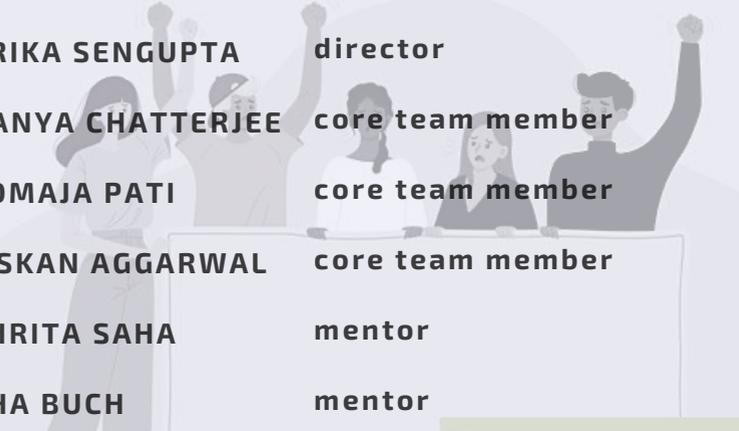
PADMAJA PATI core team member

MUSKAN AGGARWAL core team member

SUHRITA SAHA mentor

NEHA BUCH mentor

DR. SOUVIK PYNE mentor



Scan to Donate (redirects to our website)

The NGO is registered under section 12 AA and 80 G.

All contribution made to it are 50% tax-deductible

TESTIMONIALS



**Dr. Fiona Dias Miranda
and Luis Miranda**
Mentor and Donor

“We engaged with Sanjina and Rangeen Khidki because of Fiona's work in imparting comprehensive sexual reproductive health education to adolescents and normalising the changes they are going through on numerous fronts. Organisations like Rangeen Khidki are so important to change attitudes that are based on science as opposed to myths. We were impressed with Sanjina's enthusiasm, initiative and research in the field. But such organisations are mere drops in the ocean of wrong beliefs and we need their voices to be amplified and also need a lot more voices to help make this a world that is less gender biased and more equitable.

“Rangeen Khidki is one of those rare spaces where one has the creative freedom to bring authentic ideas, lived experiences and people with those experiences are given the center stage. My association with the organization has always given me the flexibility to bring unique ideas and lived experiences into praxis. While dialogue around SRHR is crucial, Rangeen Khidki makes sure they include the marginalized voices in the larger narrative around SRHR and for me, that is where they make their mark.



Sudipta Das
Inclusion and Diversity Expert

“Rangeen Khidki has been pivotal in changing my and the community's perspective around menstruation. I am part of the Period Adda program where I lead a group of young period warriors in my village. Every time we meet, there's something new to learn. I have been taught how to take my learnings and spread it in my community. Our sessions are a safe space where we openly talk about our bodies, our rights, our challenges, destigmatize taboo topics like periods.



Payal Naskar, 16 years
Adolescent Period Leader



Priyanka Mullick,
Community Mobiliser

“I volunteer with Rangeen Khidki as a community mobiliser. I have been associated with Rangeen Khidki since quite a while and it has been a fulfilling and rewarding journey. Rangeen Khidki has not only educated adolescents and young women in my community on menstruation but have also supported hundreds of us in making a switch to sustainable menstrual products which has collectively saved us money and helped us make informed choices about our own bodies.

“In today's time where one is expected to know everything before they start, Rangeen Khidki provides you a space where you can learn, unlearn, relearn and grow together keeping your individuality intact. It's non-hierarchical set up encourages volunteers to freely share their ideas and work in a collaborative manner. My association with RKF has influenced my understanding of gender and sexuality greatly. The best part of working here is that everybody looks out for each other, which have been quite comforting during these tough times.



Padmaji Pati
Research and Blogpost Lead

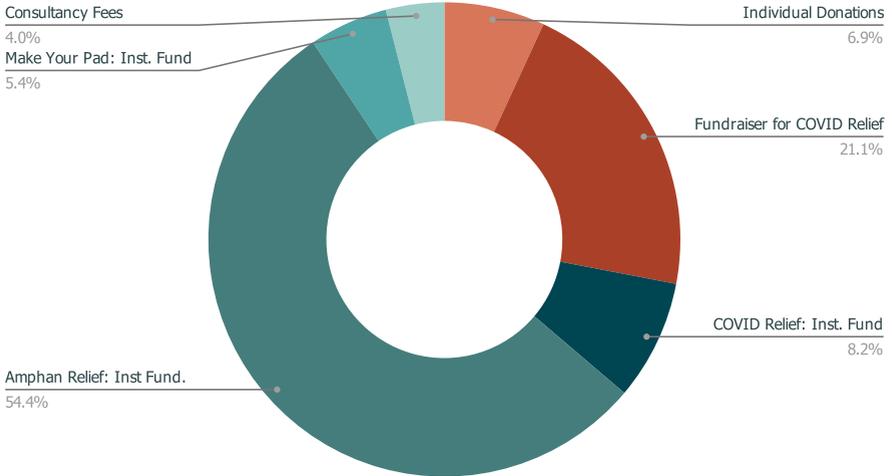


Puja Basu
*Volunteer, Research
and Development*

“Despite being someone who has, for the longest time, identified as a feminist, my understanding of how gender justice works at grassroots levels was still limited. Working with Rangeen Khidki helped broaden my perspectives on issues ranging from gender sensitisation at school levels to access to reproductive healthcare. Having developed a school CSE module and also conducted field research on menstrual health in Calcutta, I had the opportunity to work with some of the most wonderful people.

FINANCIALS

Summary of Income



Summary of Expenditure

